

'The Murrayfield Club

Charity Number SCO23210

Who are we?

The Murrayfield Club is a safe, stimulating, supportive and fun place for older members of our community. It began in November 1990 as a small, local voluntary organisation, with the aim of providing a day service catering for the individual needs of the frail older people and those living with dementia in the North West district of Edinburgh, including the Murrayfield, Roseburn, Saughtonhall and Corstorphine areas.

The Club is core funded by the City of Edinburgh Health and Social Care Department with a great deal of support also provided by Murrayfield Churches Together and, supplemented by additional funds raised each year from donors and various social events. We are a registered Scottish Charity supervised by Trustees from the three churches as a Management Committee.

We employ a Project Coordinator, Senior Support Worker, Support Workers and a Cook. They are assisted by an invaluable group of



talented volunteers (all of whom have undertaken Disclosure Scotland checks).

We also provide information and advice to those in a Caring role.

What we do:

The underlying philosophy of the club is to create an environment in which members feel safe, comfortable, remain at home and to allow them as citizens to remain longer in their Community. The aim is therefore to assist Members only moving on to other services as and when it is appropriate.

On our meeting days each member may be able to be collected from home either by mini bus (equipped with a lift) and returned home the same way at the end of the day. It is important to add however that this is solely dependent upon service constraints.

We offer a varied programme of mental and physical activities in the morning and afternoon that provides stimulation, fun, social interaction whilst promoting a healthy lifestyle. Activities can consist of singing, quizzes, reminiscence, literature, board games, art and craft and entertainment from local musical groups and local schools.

Occasionally, in the spring and summer months, we take trips to local points of interest which have included the National Portrait Gallery, The Seagull Trust Barge and South Queensferry. We take care to involve all Members views re activities as much as is possible.

We are very fortunate that we employ an in house cook who is very aware of the nutritional value of food and changes the menu to suit the seasons.

We also offer morning tea/coffee and home baking and at midday members, volunteers and staff sit together for a two-course lunch, encouraging further interaction, as this is often the only time some of our members share a meal with anyone.

We also offer a monthly act of non-denominational worship conducted by the ministry team of MCT and members and volunteers are invited to participate as little or as much as they want.

How to become a Member:

Anyone may be recommended to the club e.g. through Social Care Direct/SharePoint/Social Workers, their GP or one of the ministers from the Churches Together group, personally or by a relative or friend. Individual details are then given to the City of Edinburgh Council's Social Work Department following Data Protection procedures.

The Project Coordinator will then organise a meeting with the potential Member and Carer in order to assess whether the Club can meet all of an individual's needs and whether or not the service that we provide would be suitable.

We are not registered with the Care Commission and therefore are unable to provide Members with regular personal care. If you would like any more information then please don't hesitate to contact us via:

Email: mdp.projectcoordinator@mct.org.uk
or

Telephone 07881 288909

or if you would prefer, we can invite you to join us any Tuesday, Thursday or Friday morning for a coffee where you will receive a very warm welcome from staff, volunteers and especially our Members who always enjoy seeing new faces.

Revised April 2018.